



BASKETBALL ACADEMY

LVS Ascot: 9-17 years

Each session will be designed to work on the fundamentals of basketball, with sessions including shooting, ball handling and team play.

All sessions are delivered in a way that ensures that all children enjoy high activity sessions and that the drills are flexible and catered for different standards of play.

As well as immersion into this fast paced sport, students will have the opportunity to improve their knowledge of the English Language. The basketball briefings and coaching are conducted in English and the students enjoy the benefits of 15 hours of classroom English lessons per week.



Who can take part

This course is aimed at international students between 9-17. Students from all over the world return each year to improve their basketball skills in addition to their English language.

For any coaches who may travel with groups of students, there is a great opportunity to exchange ideas with the academy coaches and pick up the latest techniques from the coaches of Ardmore Basketball Academy.

Included

- 12 hours of basketball coaching by qualified coaches
- 15 hours of English lessons
- Full programme of evening activities and excursions
- Ardmore basketball top

Excursions

- **LVS Ascot:** 1 full day & 1 half day per week as per LVS Ascot centre sample programme

Basketball Academy Sample Programme (7 nights)*

	Morning	Afternoon	Evening
Sunday	Welcome to Ardmore		
Monday	Basketball Academy	English Lessons	Welcome Icebreaker Games
Tuesday	Basketball Academy	Lessons	Quiz Night
Wednesday	Half Day Excursion	Lessons	Talent Show
Thursday	Basketball Academy	Lessons	Casino Night
Friday	Basketball Academy	Lessons	Disco
Saturday	Full Day Excursion		Sports Tournament
Sunday	Goodbye Ardmore		

English Lessons: (3 hours per day, 5 days per week); maybe morning or afternoon. **Basketball Session:** 12 hours per week, 3 hours per day, 4 days per week, may be morning or afternoon. **Excursions:** Please refer to each centre sample programme for the excursions destinations.*The Programme may vary due to operational reasons.

FOR MORE INFORMATION:

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