



TENNIS ACADEMY

Shiplake Collage

12-17 years

All sessions are based on assessment of players abilities and are aimed at challenging their skills through a combination of tactical, court awareness and competitive drills.

Each three-hour session will have a different theme and will be always completed with 1 hour of match play to give players the opportunity to practice what they have been taught.

Students must bring their own tennis racket.



Who can take part

Open to individuals and groups aged 12-17, the Ardmore Tennis Academy offers tailored coaching for all skill levels alongside English lessons, welcoming participants from around the world.

Included

- 15 hours of English per week
- 12 hours of tennis coaching by qualified Tennis coaches
- Full programme of excursions and evening activities

Excursions

- **Shiplake Collage:** 1 full day & 2 half day excursions per week

Tennis Academy Sample Programme (7 nights)*

	Morning	Afternoon	Evening
Sunday	Welcome to Ardmore		
Monday	Lessons	Tennis Academy	Welcome Icebreaker Games
Tuesday	Lessons	Tennis Academy	Egg Protector
Wednesday	Lessons	One Half Day Excursion	Talent Show
Thursday	Lessons	Tennis Academy	Sports Tournament
Friday	Lessons	Tennis Academy	Disco
Saturday	One Full Day Excursion		Casino Night
Sunday	Goodbye Ardmore		

General English Lessons: 15 hours per week (3 hours per day, 5 days per week); maybe morning or afternoon. **Tennis Academy:** 12 hours per week (3 hours per day 4 days per week); maybe morning or afternoon. **Excursions:** Please refer to each centre standard sample programme for the excursions destinations.

*The Programme may vary due to operational reasons

FOR MORE INFORMATION:

✉ info@theardmoregroup.com 🌐 theardmoregroup.com